

ExecuSpa

BY SENSASIA® SPAS 

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# THIS IS **YOUR** TIME

Step into a realm of luxury and tranquility at our spa nestled within ExecuJet's Private Terminal at Al Maktoum International Airport. Experience bespoke treatments tailored to discerning travelers, ensuring relaxation and rejuvenation before your journey.

Opening Hours 10am - 7pm  
Contact Number 04 823 2777

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# BRIEF ESCAPES

These focused yet indulgent spa experiences provide the perfect balance of efficiency and luxury, seamlessly tailored for a busy schedule.

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## FREQUENT FLYER FIX

20/30 MIN | USD 110/130

This quick but stimulating session combines deep, targeted strokes to melt away tension. Really stretched for time? Have our legendary ginger tea to-go!

## RUNWAY RECHARGE

20/30 MIN | USD 110/130

A back, neck, and shoulder massage for when you're feeling tight, but also tight on time!

## FLYBY RELIEF

20/30 MIN | USD 110/130

Feel tension melt away as skilled hands work deeply to release knots and soothe tired muscles. Experience rejuvenation and relaxation in just half an hour or less, leaving you refreshed and ready to take on the day.

# MASSAGES

Indulge in the ultimate relaxation experience with our curated selection of massages, meticulously designed to address a variety of concerns. Let our skilled therapists ease tension, alleviate stress, and promote overall well-being with personalized techniques tailored to your specific needs.



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## BUILD YOUR OWN MASSAGE

90 MIN | USD 220

Unique to SENSASIA, this specialised massage treatment begins with a tailored consultation, where you can curate, customise and enhance your experience based on how you feel now, and how you want to feel post-treatment. Choose your scent, style, and stroke and we'll do the rest.

## THE ULTIMATE RECOVERY

90 MIN | USD 220

Take your recovery to another level with this unique blend of massage techniques to ease muscle soreness, improve range of motion and flexibility, and boost mood and energy levels. Combined with our heated herbal poultices, this performance enhancing massage will aid in flushing lactic acid out, and recovery in.

## DEEP HOT STONE

60/90 MIN | USD 190/220

Turn up the heat with this detoxifying, comforting, and restorative massage that targets tired muscles and improves circulation. This soothing treatment combines the healing power of touch with the therapeutic properties of heated river stones to alleviate muscle stiffness and promote a sense of calm and tranquility.

## WARM CANDLE MELT MASSAGE

60/90 MIN | USD 190/220

Transport your senses to a state of serenity. Aromatic massage candles infused with hemp seed oil, shea butter, and powerful essential oils are melted down and delicately poured over the body, providing therapeutic benefits including enhanced skin hydration and deep relaxation.

## THAI YOGA STRETCH MASSAGE

60/90 MIN | USD 180/210

A dynamic, stress busting, total body stretch. Step into custom-made Thai pyjamas for an invigorating oil-free massage session. Relieve tension, increase flexibility, and stimulate blood flow with this subliminal body workout.

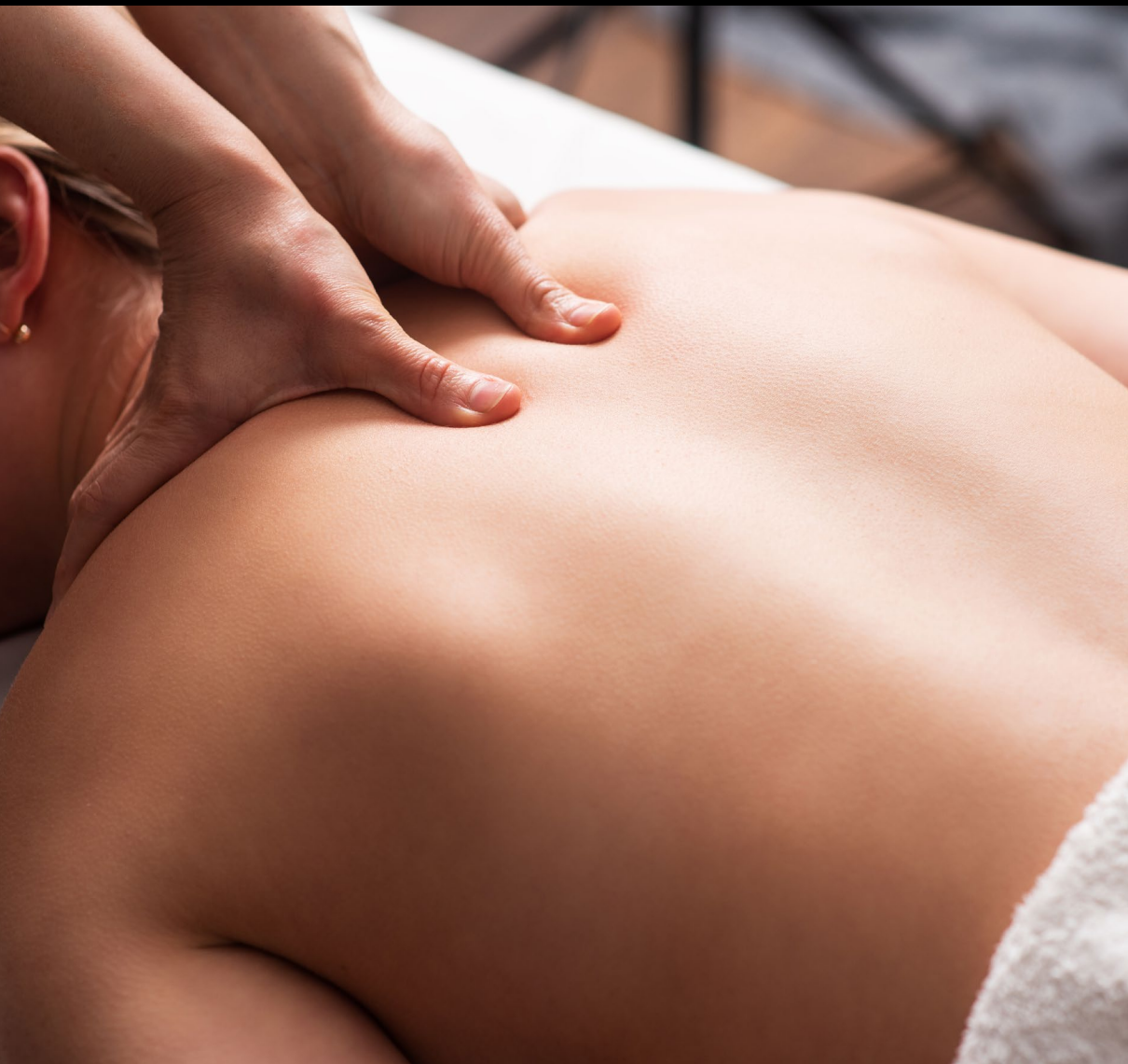
## JET AWAY

60 MIN | USD 180

The hi-flyers cure to jet lag. Balance the body, eliminate lactic acid, and re-adjust with energising cedarwood, ginger, orange, and jasmine ritual.

# PACKAGES

Our carefully curated packages are designed to elevate your relaxation experience to new heights. Experience the epitome of relaxation, where every moment is crafted to exceed your expectations and leave you craving more.



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## URBAN LIVING™

90 MIN | USD 230

Today's urban lifestyle leaves our bodies clogged up and run down. Let your skin breathe freely with made in-house Body Polish of your choice to exfoliate and soften the skin. Our popular 60 minute Balin-Ease Massage follows to ease both body and mind leaving you feeling energized, refreshed, and ready to embrace the vibrant pulse of urban life once again.

## THE GENTLEMAN'S TONIC

90 MIN | USD 240

This right on rub-down drives away dry skin with a masculine hot salt and pepper body polish, followed by the 'KNEAD'-it massage using stretching and trigger points to ease muscle tension, target stubborn knots and banish stress. Upgrade the tonic and add on one of our bespoke facials and get your game on.

# SCRUBS

Revitalize your skin and indulge your senses with our luxurious body wraps and scrubs. Experience the ultimate in exfoliation and hydration as our expert therapists pamper you with bespoke treatments designed to leave your skin radiant and rejuvenated.



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### **BROWN SUGAR BODY BUFF**

**60 MIN | USD 180**

A vitamin E packed, skin softening mixture of brown sugar, sweet almond oil, and vanilla essence that is a sweet treat for the skin.

### **HOT SALT AND PEPPER SCRUB**

**60 MIN | USD 180**

A strong exfoliate comprised of a detoxifying rock salt and ground black pepper mixture that stimulates and tones the skin.

# ENHANCE YOUR **EXPERIENCE**

Curate your spa experience how you want - and need it!

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## **NO EXTRA TIME NEEDED!**

### **COCOA BUTTER**

**USD 50**

Go upper class and indulge with melted cocoa butter to nourish and soften the skin.

### **CRYO MUSCLE GEL**

**USD 50**

A cooling gel to soothe and relieve sore, achy muscles.

### **COOLING CUCUMBER EYE SOOTHER**

**USD 50**

Depuff and reduce dark circles with this refreshing application of cool cucumbers and take it up a notch with our popular facial ice globes!

## **EXTRA 15 MINUTES NEEDED!**

### **DIGITAL RELIEF**

**USD 50**

Zap the sore back, tight shoulders, and poor posture of digital life, with this upper body focused massage.

### **EXTRA FACE TIME**

**USD 50**

*A pore-fessional steam and extraction!*

### **FACIAL ICE GLOBES**

**USD 50**

A quick facial cleanse followed by our famous ice globes to depuff, tighten, and soothe skin... *INSTANTLY!*

### **THE ESSENTIAL EYES**

**USD 50**

Ideal for dehydrated, puffy eyes, bringing relief to the delicate eye contour area.

### **PRESSURE POINT PRELUDE**

**USD 50**

A blissful prelude to your treatment, with a pressure point head massage ritual, harmonizing both body & mind.

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## BRIEF ESCAPES

Targeted relaxation for busy schedules

	MIN	USD
<b>FREQUENT FLYER FIX</b>	20/30	110/130
<b>RUNWAY RECHARGE</b>	20/30	110/130
<b>FLYBY RELIEF</b>	20/30	110/130

## MASSAGES

Our massages win awards, find out why...

	MIN	USD
<b>BUILD YOUR OWN MESSAGE</b>	90	220
<b>THE ULTIMATE RECOVERY</b>	90	220
<b>DEEP HOT STONE</b>	60/90	190/220
<b>WARM CANDLE MELT MESSAGE</b>	60/90	190/220
<b>THAI YOGA STRETCH</b>	60/90	180/210
<b>JET AWAY</b>	60	180

## PACKAGES

Cleverly crafted for the ultimate pampering experience

	MIN	USD
<b>URBAN LIVING™</b>	90	230
<b>THE GENTLEMAN'S TONIC</b>	90	240

## SCRUBS

Stimulate, smooth, and perfect the skin...

	MIN	USD
<b>HOT SALT &amp; PEPPER SCRUB</b>	60	180
<b>BROWN SUGAR BODY BUFF</b>	60	180

## ENHANCE YOUR EXPERIENCE

Curate your spa experience how you want - and need it!

<b>NO EXTRA TIME NEEDED!</b>		USD
<b>COCOA BUTTER</b>		50
<b>CRYO MUSCLE GEL</b>		50
<b>COOLING CUCUMBER EYE SOOTHER WITH ICE GLOBES</b>		50

<b>EXTRA TIME NEEDED!</b>	MIN	USD
<b>DIGITAL RELIEF</b>	15	50
<b>EXTRA FACE TIME</b>	15	50
<b>FACIAL ICE GLOBES</b>	15	50
<b>THE ESSENTIAL EYES</b>	15	70
<b>THE WORK-A-HOLIC</b>	15	50

# HOW TO SPA

## OPENING HOURS

ExecuSpa by SENSASIA® Spas is open every day from 10am to 7pm.

## ETIQUETTE

ExecuSpa by SENSASIA® Spas is a sanctuary for the senses. For the consideration of others, we request that visitors keep noise to a minimum, including mobile phones.

## SPA ARRIVAL

We suggest that you arrive at least 10 - 15 minutes prior to your scheduled appointment to customise your treatment, change into your robe and slippers and complete a pre-treatment consultation.

## UNDERWEAR, DO I OR DON'T I?

If you don't dig them for your massages then DON'T, but please DO for scrubs and wraps to avoid salts and things in the wrong places. Sorry gents, it's a MUST for all spa services.

## SPA RESERVATION, CANCELLATIONS AND PAYMENT

To book your appointment, please contact the spa directly on +971 4 823 2777 or email [execuspa@execujet-me.com](mailto:execuspa@execujet-me.com)

For any cancellation or change of appointment, please notify us at least 12 hours before the scheduled time to avoid cancellation fees (100%). Cash and all major credit cards are accepted.

## CONTRAINDICATIONS

Please inform us of any health concerns when completing the consultation form, which can be sent via email prior to your appointment or filled out upon arrival at the spa. ExecuSpa by SENSASIA® Spas reserves the right to refuse service if we believe the treatment may worsen an existing condition.

## NOW... THE TREATMENT

You'll always be draped with a towel that covers most of your body, but allows work in specific areas. You may experience a little soreness the day after a good massage – don't panic, some old kinks may have been worked out during the treatment.

All treatment rooms have their own volume and temperature controls, if you are uncomfortable at any time, please let your therapist know.

## AGE REQUIREMENTS

ExecuSpa by SENSASIA® Spas is an adults-only sanctuary, welcoming guests aged 18 and above. Certain treatments are available for guests aged 15 to 17 when accompanied by an adult, but our services are not suitable for children under the age of 15. Please note that young children are not permitted in our treatment rooms.

# ExecuSpa

BY SENSASIA® SPAS

ExecuJet's Private Terminal at Al Maktoum International Airport  
Dubai, United Arab Emirates

brought to you by

